

A Select List of Resources for More Livable Communities.

Active Living by Design, www.activelivingbydesign.org *Extensive technical assistance & practical guidance on building healthy eating, active living settings.*

Active Living Research, at UC San Diego, www.activelivingresearch.org. *Definitive compilation of the research on active living designs, policies, and impacts.*

Alliance for Biking and Walking, www.peoplepoweredmovement.org; *Coalition of state and local bicycle and pedestrian advocacy organizations, providing support and resources.*

AmericaWalks; www.americawalks.org. *National pedestrian advocacy organization.*

Bikes Belong Coalition, www.bikesbelong.org; *Coalition of bicycle industry retailers & suppliers supporting bike-friendly communities & policies, including a community grant program.*

Complete Streets, www.completestreets.org; *National coalition working for streets that work for pedestrians, bicyclists, and transit users of all ages, incomes, and abilities.*

Centers for Disease Control and Prevention. www.cdc.gov/nccdphp/dnpao. *A site with tons of current data on health and physical activity, and promotional resources.*

League of American Bicyclists, www.bikeleague.org. *National advocacy group advancing the Bike Friendly Community, Business, & Campus programs.*

Local Government Commission, Sacramento, CA, www.lgc.org; *Technical guidance and practical planning and transportation guides, especially useful for local elected & appointed officials.*

National Center for Bicycling and Walking, www.bikewalk.org; *Organizes the biennial Pro Walk/Pro Bike conference, and sends out a info-laden monthly email newsletter.*

Pedestrian and Bicycle Information Center, www.pedbikeinfo.org; *Comprehensive technical support & info including walkability and bike-ability checklists, design, & cost guides.*

Rails-to-Trails Conservancy, Washington, DC; www.railtrails.org. *Great help for trail and greenway advocates, including research supporting trails' benefits.*

Rivers and Trails Conservation Assistance, a program of the National Park Service; www.ncrc.nps.gov/rtca. *Provides technical planning, design, organizational support.*

Safe Routes to School info: Nat'l Center for Safe Routes to School: www.saferoutesinfo.org.
National Safe Routes to School Partnership, www.saferoutespartnership.org.

Surface Transportation Policy Partnership, www.transact.org. *Publishes annual reports loaded with pedestrian activity and safety data.*

Victoria Transportation Policy Institute, Victoria, British Columbia; www.vtpi.org. *Outstanding white papers, research evidence, and resources to support active transportation.*

Walkable and Livable Communities Institute, www.walklive.org; *The education and technical assistance group launched by Dan Burden, premier walkable community expert.*

UNC Pedestrian and Bicycle Information Center
pedbikeinfo.org

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Walkscore.com. *Get a score from 0-100 on the walkability of any address in North America!*

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Specific publications and tools.

US DOT Health and Transportation tool. 2015

www.fhwa.dot.gov/planning/health_in_transportation/resources/health_tool/

Federal Highway Administration (FHWA) Health in Transportation Corridor Planning tool, step by step guidance on incorporating health goals in facility planning & design, 2015

http://www.fhwa.dot.gov/planning/health_in_transportation/planning_framework/the_framework/step00.cfm

EPA School Siting Guidelines, 2012

<http://www.epa.gov/schools/guidelinestools/siting/>

EPA Putting Smart Growth to Work in Rural Communities, 2011

<http://www2.epa.gov/smart-growth/putting-smart-growth-work-rural-communities>

Complete Streets Work in Rural Communities. Smart Growth America, National Complete Streets Coalition.

<http://www.smartgrowthamerica.org/documents/cs/factsheets/cs-rural.pdf>

Best Practices to Enhance the Transportation-Land Use Connection in the Rural United States. National Cooperative Highway Research Program. Transportation

Research Board (TRB). http://onlinepubs.trb.org/onlinepubs/nchrp/nchrp_rpt_582a.pdf

Close to Home: A Handbook for Transportation-Efficient Growth in Small Communities and Rural Areas, National Cooperative Highway Research Program, TRB.

<http://www.trb.org/Main/Blurbs/172109.aspx>

EPA Smart Growth and Economic Success series . . .

- Investing in In-fill Development, 2015

<http://www2.epa.gov/smart-growth/smart-growth-and-economic-success-investing-infill-development>

- Strategies for Local Governments, 2014

<http://www2.epa.gov/smart-growth/smart-growth-and-economic-success-strategies-local-governments>

- The Business Case, 2013

<http://www2.epa.gov/smart-growth/smart-growth-and-economic-success-benefits-real-estate-developers-investors-business>

- Benefits for Real Estate Developers, Investors, Business, and Local Governments, 2012

<http://www2.epa.gov/smart-growth/smart-growth-and-economic-success-benefits-real-estate-developers-investors-business>

Protected Bike Lanes Mean Business, the Green Lane Project. Summary of economic and business benefits of investing in quality, protected bicycle facilities.

<http://www.bikewalkalliance.org/resources/reports/protected-bike-lanes-mean-business>

The Economic Benefits of Sustainable Street Design New York City. High quality study of the improved economic health of streets redesigned to accommodate pedestrians, bicycles, and transit.

<http://www.nyc.gov/html/dot/downloads/pdf/dot-economic-benefits-of-sustainable-streets.pdf>

National Association of Realtors *On Common Ground*, summarizing the benefits of healthy design and smart growth principles.

<http://www.realtor.org/topics/smart-growth/publications/on-common-ground>

National Association of City Transportation Officials (NACTO) Urban Street Design Guide

<http://nacto.org/usdg/>

NACTO Urban Bikeway Design Guide

<http://nacto.org/cities-for-cycling/design-guide/>

A Resident's Guide for Creating Safer Communities for Walking and Bicycling, 2015

http://safety.fhwa.dot.gov/ped_bike/ped_cmnty/ped_walkguide/residents_guide2014_final.pdf

A Resident's Guide for Creating Safe and Walkable Communities, 2008

http://www.pedbikeinfo.org/collateral/PSAP%20Training/gettraining_references_ResidentsGuideToSafeWalkableCommunities.pdf

Costs for Pedestrian and Bicyclist Infrastructure Improvements. Outstanding summary of cost estimates for various types of facilities; not definitive, but very useful for order-of-magnitude estimates and comparisons.

http://katana.hsrb.unc.edu/cms/downloads/Countermeasure%20Costs_Report_Nov2013.pdf

A Practitioner's Guide for Advancing Health Equity; Community Strategies for Preventing Chronic Disease.

<http://www.cdc.gov/NCCDPHP/dch/pdf/health-equity-guide/Practitioners-Guide-full-version.pdf>

Everybody Walk practice briefs; concise implementation ideas to advance your efforts:

- Getting Started – Great first steps and low cost designs for walkability.
- Getting the Community on Board – How to build community interest & momentum.

- Additional Resources
- Making Walking Routine 0-

<http://americawalks.org/every-body-walk-getting-started-practice-briefs/>

Introductory webinar by Mark Fenton for the EveryBody Walk “Getting Started” briefs:
<http://americawalks.org/america-walks-lessons-from-the-experts-webinar/>

Montana DOTs impressive rural transportation web resource:
<http://www.mdt.mt.gov/research/toolkit/default.shtml>

The Western Transportation Institute, which is the country largest University Transportation Center (a USDOT funded initiative):
<http://www.westerntransportationinstitute.org/default.aspx>

Parks, recreation, and trails:

National Recreation and Park Association (NRPA) resources.

Safe Routes to Parks: Improving Access to Parks through Walkability
www.nrpa.org/uploadedFiles/nrpa.org/Publications_and_Research/Research/Papers/Park-Access-Report.pdf

Active Transportation and Parks & Recreation
http://www.nrpa.org/uploadedFiles/nrpa.org/Publications_and_Research/Research/Active_Transportation_Final.HIGH.pdf

Active community design information:
www.activelivingbydesign.org - focused on implementation and best practices
www.activelivingresearch.org - focused on research and the evidence base

National Park Service & Centers for Disease Control & Prevention: Parks, Trails, and Health Workbook, a practical guide for incorporating health considerations into park, trail, and open space planning and implementation.
https://www.nps.gov/public_health/hp/hphp/press/Parks_Trails_and_Health_Workbook_508_Accessible_PDF.pdf

Making the case:

On Common Ground: National Association of Realtors bi-annual smart growth publication
<http://www.realtor.org/topics/smart-growth/publications/on-common-ground>

Builder Magazine. *Walkability: Why we care and you should too!* March 2014. National Association of Homebuilders.
<http://www.builderonline.com/magazine/2014/march/>

UNC Pedestrian and Bicycle Information Center
pedbikeinfo.org

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